



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA's Diabetes Prevention Program

WISCONSIN YMCA PROVIDERS STATE ALLIANCE OF YMCA'S

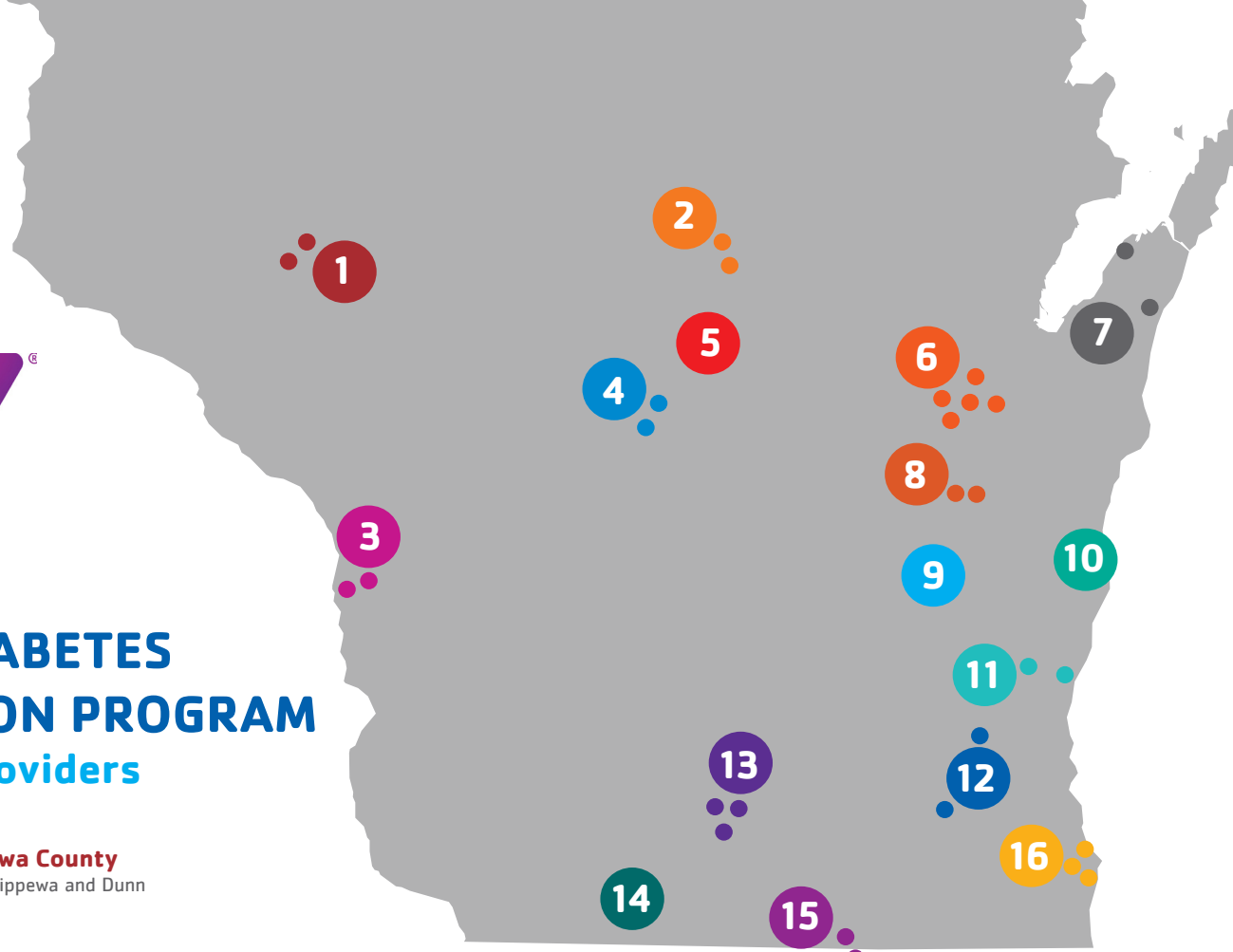
86 million Americans ages 20 and older have prediabetes— more than 1 in 3— but **only 10% of people know they have it**. Without weight loss and moderate physical activity, **15% to 30% of people with prediabetes will develop type 2 diabetes within 5 years**. Physicians like you know the toll this disease takes on individuals, families, and even communities.

Patients look to you—their trusted health care provider—for information promoting health and preventing chronic diseases. After assessing your patients risk for type 2 diabetes and testing for prediabetes, you can feel confident that referring them to the YMCA's Diabetes Prevention Program may reduce their chances of developing type 2 diabetes and provide them tools for living happier and healthier.



YMCA'S DIABETES PREVENTION PROGRAM

Wisconsin Providers



1 YMCA of Chippewa County

Serving Eau Claire, Chippewa and Dunn Counties

Laurie Pettis
laurie@eauclaireymca.org
715-836-8460
262-247-1050 ext. 2007

2 Woodson-Wausau YMCA

Serving Marathon County - Wausau
Becky Zelent
bzelent@woodsonymca.com
715-841-1822

3 La Crosse Area Family YMCA

Serving La Crosse County and
La Crescent, MN
Martina Mellang
mmellang@laxymca.org
608-519-5473

4 South Wood County YMCA

Serving Wood County - Port Edwards
Erin Hess
hess@swcymca.org
715-818-6015

5 Stevens Point Area YMCA

Serving Portage County
Lindsey Worley
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715-342-2980 ext. 306

6 YMCA of the Fox Cities

Serving Outagamie, Calumet and Winnebago Counties
Brenda Johnson
bjohnson@ymcafoxcities.org
920-830-5705

7 Door County YMCA

Serving Door County
Tonya Felhofer
tfelhofer@doorcountymca.org
920-743-4949

8 Oshkosh Community YMCA

Serving Winnebago County - Oshkosh
Rich Roehrick
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920-230-8919

9 Fond du Lac Family YMCA

Serving Fond du Lac County
Mary Jo Neumann
mjneumann@fdlymca.org
920-921-3330 ext. 336

10 Sheboygan County YMCA

Serving Sheboygan County
Mike Burns
mburns@sheboygancountymca.org
920-451-8000 ext. 118

11 Kettle Moraine YMCA

Serving Washington and Ozaukee Counties
Mary Beth Emmer
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262-921-3330 ext. 336

12 YMCA of Greater Waukesha County & Glacial Community YMCA

Serving Waukesha County
Hanna Misiak
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262-408-2267

13 YMCA of Dane County, Inc.

Serving Dane County
Sharon Baldwin
sharon.baldwin@ymcadanecounty.org
608-906-8815

14 Green County YMCA

Serving Green County
Carol Clay
cclay@greencountymca.org
608-325-2003

15 Stateline Family YMCA

Serving Southern Rock (IL) and Winnebago (IL) Counties
Ashley Hoverson
ahoverson@statelineymca.org
608-325-2003

16 Racine Family YMCA

Serving Racine County
Lyn Boehm
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