



MEASURABLE PROGRESS UNLIMITED SUPPORT

The Y believes that all people—regardless of age, income or background—should be able to live life to its fullest, healthiest potential. As one of the nation’s leading nonprofits strengthening communities through youth development, healthy living, and social responsibility, 2,700 Ys engage 21 million people in more than 10,000 communities across the country. The Y’s reach into all communities makes it a great service channel for programs like these.

YMCA CHRONIC DISEASE PREVENTION OFFERINGS

WISCONSIN/U.P. MICHIGAN STATE ALLIANCE OF YMCAS

	LIVESTRONG	Healthy Weight and Your Child	Diabetes Prevention Program	Moving for a Better Balance/Falls Prevention	Enhance Fitness/Arthritis	Tobacco Cessation	Parkinson's	Blood Pressure Self Monitoring	Brain Health/MCII Alzheimers
Door County YMCA Sturgeon Bay, WI	I		YDPP	I	I		I	I	
Fond Du Lac Family YMCA Fond du Lac, WI	I						I		
Geneva Lakes YMCA Lake Geneva, WI									
Glacial Community YMCA Oconomowoc, WI			I				X		
Greater Green Bay YMCA Green Bay, WI	I		I		I		I		I
Greater Marinette-Menominee YMCA Menominee, MI	I		NDPP						
Green County Family YMCA Monroe, WI									
Kenosha YMCA Kenosha, WI									
Kettle Moraine YMCA West Bend, WI	I			I			X		
La Crosse Area Family YMCA La Crosse, WI	X		NDPP	X					
Manitowoc-Two Rivers YMCA Manitowoc, WI		X		X			X		
Marshfield Clinic Health System YMCA Marshfield, WI	I		YDPP						
Oshkosh Community YMCA Oshkosh, WI	X						X		
Racine Family YMCA Racine, WI	X		YDPP & NDPP	X	X		X	X	
Sheboygan County YMCA Sheboygan, WI									
South Wood County YMCA Port Edwards, WI	X		X		X		I		I
Stateline Family YMCA Beloit, WI									
Stevens Point Area YMCA Stevens Point, WI									
Superior Douglas County Family YMCA Superior, WI									
Woodson YMCA Wausau, WI	I						I		
YMCA of Dane County Madison, WI	X		YDPP				X		X
YMCA of Dodge County Beaver Dam, WI									
YMCA of the Chippewa Valley Chippewa/Eau Claire, WI	X		YDPP		X				X
YMCA of Fox Cities Appleton, WI									
YMCA of Greater Waukesha County Waukesha, WI	X		YDPP		X			I	X
YMCA of Metropolitan Milwaukee Milwaukee, WI	I	I	I	X	I		I	I	I
YMCA of Northern Rock County Janesville, WI									
YMCA of the Northwoods Rhinelander, WI									

X=offering

I=interested in offering

YDPP=YMCA Diabetes Prevention Program

NDPP=National Diabetes Prevention Program